

# ANNUAL REPORT



## 2023-24



## INIYAUDAIYAM CHARITABLE TRUST



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## TABLE OF CONTENTS

- INTRODUCTION
- EDUCATION
- HEALTH
- LIVELIHOOD
- WOMEN EMPOWERMENT
- YOUNG AGRI
- DISASTER
- ENVIRONMENT
- AWARDS & RECOGNITION
- FINANCIAL
- THANKS TO SUPPORTERS



## **INIYAUDAIYAM “transforming challenges into opportunities for the betterment of communities”**

IUCT, an NGO since 2004, focuses on children and young women from marginalized and nomadic communities in Tiruvallur, Chennai, Chengalpattu, and Kanchipuram districts. We work and emphasize on education, health, and economic empowerment for migrant communities, reaching out to 1,20,000 people in and around Avadi. Additionally, IUCT supports groups like widows and single women, set up small business and promote human and women's rights.



IUCT is a dynamic force, fostering holistic development across diverse sectors.

# Education

***“We believe that education is the most powerful weapon you can use to change the world and the most effective way to break out of the cycle of poverty.”***



With our tireless efforts we focus on ensuring quality, equitable, and free access to education for children of marginalized communities from migrant community and slum dwellers. We strive to ensure that every child, especially those from vulnerable communities, receive the opportunity to build a better future through education that promotes social education and awareness, aiming to uplift the educational standards of children.

Various workshops and activities are conducted, 230 children have benefitted through our Remedial Evening centres. Awareness is generated amongst parents and local communities about the importance of education as 80% of parents are illiterate and 72% of children in the beneficiaries are first generation school going children. We also conduct regular counselling sessions to encourage parents to send their children especially girls to school and help them participate in various activities conducted by IUCT. The evening capacity classes provide educational assistance, nutritious food and medical support and educational scholarship for higher secondary education and College studies. This prevents them from school drop-out, and reenrol in schools and colleges for them to continue education.

Today's youngsters are confused because of the change in value system in the society and lead them to many dilemmas. Due to globalization rapid changes are occurring in almost all spheres. For the young minds it is a state of social turbulence. To address this goals and functions of formal education need to be reassessed and updated inculcate moral and value-based education to the youth which enables their effective participation in wellbeing of self and society.

IUTC imparts value education through integrated approach and Curricular approach. All our children of our Remedial centres have a session on value education and we also integrate it all other subject taught in the centres. This has impacted the children not only in their academics but also in better behaviour and instilling virtues as honesty, responsibility and respect and overall social skills. 230 children have benefitted through Remedial Evening centres and are ambassadors of best-behaved children in the community.



# Tree Plantation (Environment)



We try our best to involve children in the conservation of the ecology. our children sangam members are regularly involved in tree plantation initiatives towards clean green surroundings.

# Health (Medical)



IUCT conducts General Medical camp at all our Remedial Evening centers. 200 children have benefitted through this medical camp this year.

# Health (MHH)

*"Health is a state of complete harmony of the body, mind, and spirit." — B.K.S. Iyengar*

In the realm of health, we are dedicated to universal community health, reaching out to vulnerable communities and advocating for comprehensive healthcare. Their initiatives extend to economic empowerment programs, particularly for nomadic communities. IUCT focus on menstrual health of adolescent girls through our program **"ILLANTHALIR"**

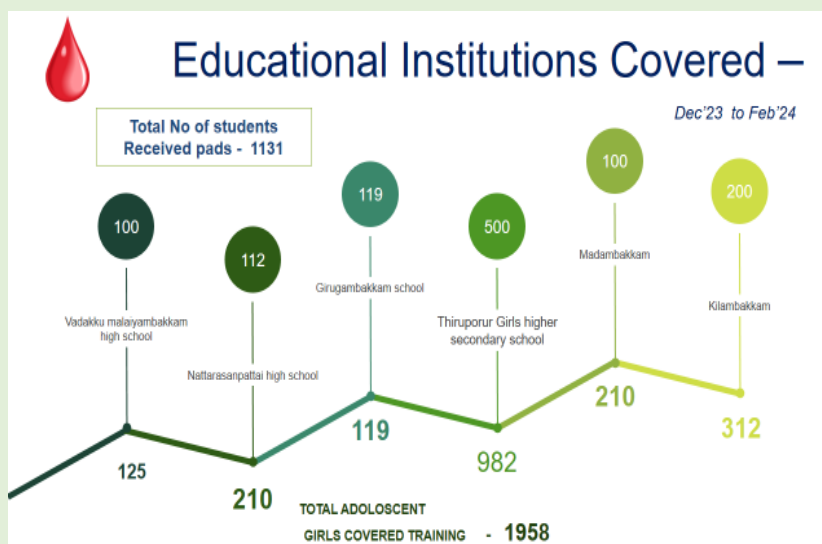


## **"ILLANTHALIR"** *"Menstrual health and hygiene (MHH) – A program which address the gaps and challenges of menstrual hygiene*

Breaking the culture of shame and silence around menstruation in Adolescent rural girls, IUCT addresses their menstrual hygiene challenges. Taking initiatives to educate the rural women about the fundamental knowledge of health care and teach them to use hygiene products during menstruation we conduct awareness programs on using the right sanitary pads.



We advocate them of the ill effects of using low-cost pad mixed with plastic, chemical /fibre or cellulose gel can cause cervical cancer and serious health risks and diseases such as immune system damage diabetes, hormone dysfunction, pelvic inflammatory disease ovarian cancer, and infertility – reproductive problems. We also teach them right disposal of pads and advise them to use reusable organic pads, through our programs and we provide organic cloth pad to which are safe and affordable and motivate them to use it for better health benefits.



# Young Agri

Iniyadaiyam charitable trust has been working for village development in the theme of Education, Health and Environment 80% of involved organizations are serving for green conservation in Tamil Nadu, inspiration of Nammalvar who is activist for traditional Agriculture. For this experience Iniyadaiyam took responsibilities through raising our Voices for Green panchayats with holistic development.

## ACTIVITIES:



➤ Created awareness and organic agriculture training to the students through young - Agri on Wheels

➤ Identified the schools and received permission for CEO.

➤ Purchase of 4-wheeler and equipping it with farming tools and accessories.

Networking with local farmers for exposure visits.

➤ Green Clubs in Schools and would be involved in planting seedlings in school grounds / campus.

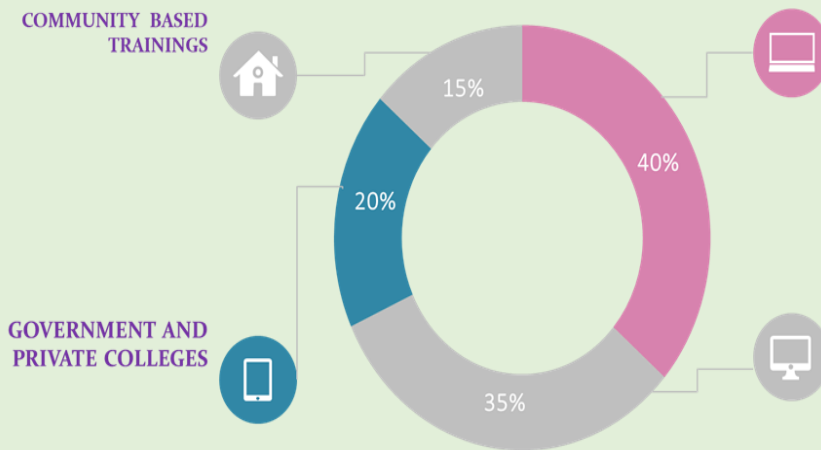
- Encourage them to protect pond, river, lake water from industrial waste and garbage
- Cultivate Value added technology training to the students
- Provide 50 livestock (Goat) to women (who are widow mother of target children)
- Provide Nutrition Knowledge to the students
- Arrange Exposure Agriculture Field Visit to most interested students.



# Thamizha Thamizha

The 16<sup>th</sup> annual day and fund-raising program was conducted on the 8<sup>th</sup> April 2024.

Children exhibited their inherent talents by way of songs, dance, mimes, role plays etc. It is also an opportunity for IUCT to showcase our efforts and to raise awareness among the communities to support our interventions.



## ICDS Strengthening



Currently we work 8 ICDS centres in Chengalpattu District. We provided capacity building trainings in functional literacy, financial management, and family counselling, to the mothers of the children who attend the ICDS Centres.

Regular trainings are also provided to the mothers on the importance of breast feeding, immunisation and supplementary diets for their children.



# Infrastructure Development

Infrastructure development is another focal point; IUCT is striving to create a foundation for progress.



By investing in infrastructure, they aim to provide communities with the necessary resources and such as water supply, sanitation, and healthcare facilities which directly contributes to an improved quality of life.

Our comprehensive approach reflects our commitment to the overall well-being and development of the communities we

serve. Overall infrastructure development program serves as a catalyst for positive socio-economic change, fostering sustainable growth and improving the overall standard of living of the communities we work with



## Children Panchayat

IUCT conducts periodical workshops to build capacities among the children panchayat members. This year workshop conducted on Leadership at New Kanniyamman Nagar, Moorai Panchayat, Tiruvallur District.



# Typewriting Class



Underprivileged students are provided with free typewriting classes at New Kanniamman Nagar, Moorai Panchayat.

It was started in the month of May 2023 with the support of the Avadi Merchants Sangam.

Currently around 50 students benefit out of the free classes.

# Disaster Relief

During the 2024 floods the Anakaputhur area was very much affected. IUCT took efforts to support the affected people in collaboration with Aram Porul Trust. Around 250 families were provided with relief kits.



# Best Partner Award



IUCT's work in collaboration with United way in the area of MHH was well appreciated and acknowledged with a Best Partner Award in the year 2023.



**THANK YOU...**



**M/S. INIYAUDAIYAM CHARITABLE TRUST**

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